



2019

WINDSURFER

WA CHAMPIONSHIPS

- Sun 17 Feb 3-4 Races
- Sat 9 Slalom and Freestyle Fun Session
- Sun 10 Mar 3-4 Races
- Sun 7 April (Provision for re-sail)
- Sat 13 April – Marathon

Mounts Bay Sailing Club

Organising Authority: Mounts Bay Sailing Club in conjunction with the Australian Windsurfing Association

SAILING INSTRUCTIONS

Mounts Bay Sailing Club, in association with the Windsurfer Class Association of Australia (WCAA), welcomes Windsurfer Class sailors participating in the 2019 Windsurfer Class WA Championships and their families, friends, supporters and sponsors.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2017 – 2020 including Appendix B, Windsurfing Competition Rules; except where they are changed by the Notice of Race (NOR) or by the Sailing Instructions (SIs). In the event of a conflict, the SIs will prevail.
- 1.2. The Windsurfer Class rules will apply.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official race notice board located on the upper level of the clubhouse at Mounts Bay Sailing Club.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 45 minutes before the scheduled start time of first race of the day it will take effect on the official notice board.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the club flagpole at Mounts Bay Sailing Club.
- 4.2. When flag AP is displayed ashore '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP instruction.

4.3. When Code Flag 'Q' is displayed ashore, no boards are permitted to leave the shore.

5. SIGNALS MADE AFLOAT

5.1. In addition to the signals provided in the rules, the following signal will be used. International Pennant 'M' displayed on the finishing boat means, "Competitors should remain in the starting area. There will be another race starting in the current racing period as soon as the Race Officers deem practical."

6. SCHEDULE OF EVENTS

6.1. The Championship is an 'On Call' regatta. The event/s for each day will be advised at that day's briefing.

6.2. Multiple briefings may be conducted during the day before each race session.

6.3. No racing session will be started prior to 1100 hours on Thursday, nor after 1500 hours on Sunday.

6.4. The competition schedule will be in accordance with the following, as well as notices to competitors:

Day/Date	Event	Time	Location
Sunday 17/2/2019	Registration	1100 – 1200hrs	MBSC
	Briefing	1300hrs	MBSC
	Racing Session 1 - Warning Signal not before	1400hrs	MBSC
Saturday 9/3/2019	Registration	1200 – 1300hrs	MBSC
	Briefing	1400hrs	MBSC
	Slalom and Freestyle Expression Session	1500hrs	MBSC
Sunday 10/3/2019	Registration	1100 – 1200hrs	MBSC
	Briefing	1300hrs	MBSC
	Racing Session 2 - Warning Signal not before	1400hrs	MBSC
Sunday 7/4/2019	Registration	1100 – 1200hrs	MBSC
Provision for Resail	Briefing	1300hrs	MBSC
	Racing Session 2 - Warning Signal not before	1400hrs	MBSC
Saturday 13/4/2019	Briefing	1300hrs	MBSC
	Marathon Race	1400hrs	MBSC
	PRESENTATI ON	1800hrs	MBSC
Day	Date	Activity	Time

7. CLASS FLAG

7.1 The class flag will be square, with a black Windsurfer symbol on a pink background.

RACING AREA

8.1 The competition area will be the Matilda Bay

8. COURSES

- 8.1. The diagrams in Attachment 1 show the course for course racing and the course for slalom racing. The course for the marathon shall be indicated at a briefing before that event.
- 8.2. All divisions will race in one fleet.
- 8.3. Course racing sessions may consist of multiple races back-to-back.
- 8.4. A maximum of 8 course races will be conducted.
- 8.5. Subject to available time and prevailing conditions, it is intended that the slalom competition will be double elimination, conducted in heats.
- 8.6. A diagram of the slalom elimination ladder advising competitors of the number of their first heat will be displayed on the official notice board and/or race start boat and/or adjacent to the launching area. This diagram will be available not less than 15 minutes before the warning signal for the first heat. During competition, a competitor's status on the elimination ladder and the next heat they are entered, if relevant, will be displayed on the elimination ladder diagram.

9. MARKS

9.1. Course Racing Course

- Mark 1 will be an inflatable buoy.
- Marks 2a and 2b will also be inflatable buoys.
- The starting marks will be a flagstaff displaying an orange flag on the Race Committee Boat at the starboard end and a mark with an orange flag (mark 3)
- The finishing marks will be a blue flag on the Race Committee boat and a mark with a blue flag (mark 4)
- A clearance buoy may be streamed from the stern of the Race Committee start boat. Boards shall not pass between this buoy and the Race Committee start boat at any time.

9.2. Slalom Course

- Marks will be described at the slalom briefing.

9.3. Marathon Course

- Marks will be described at the marathon briefing.

9.4. Freestyle Competition Area

- Marks will be described at the freestyle briefing.

10. THE START

10.1. Course Races

- Course races will be started by using rule 26 amended as follows:

<i>Minutes relative to starting signal</i>	<i>Flag Signal</i>	<i>Sound Signal</i>	<i>Means</i>
- 5	Class Flag and Numeral flags	One	Warning signal
- 4	Code Flag P, U, Black flag	One	Preparatory signal
- 1	Preparatory flag removed	One	One minute

0	Class Flag and Numeral Flags removed	One long	Starting Signal
+ 30 Seconds		3 short (optional)	Cease Pumping

- A board starting later than 5 minutes after her starting signal will be scored 'Did Not Start'.

10.2. Slalom Races

- Slalom races will be started in accordance with the following procedure. This changes rule 26.

<i>Signal</i>	<i>Flag and sound</i>	<i>Seconds before starting signal</i>
Warning	Red flag; one sound	60
Preparatory	Red flag removed; one sound	30
Starting	Blue flag; one sound	0

- The number of the heat about to start will be displayed on the slalom start boat at or before that heat's warning signal and will be removed at the starting signal for that heat. The number may also be displayed adjacent to the launching area.
- Boards whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. Competitors infringing this SI or interfering with racing competitors may be subject to protest by the race committee.
- A board starting later than 1 minutes after her starting signal will be scored 'Did Not Start'
- When a general recall is signaled, a new warning signal will be made 30 seconds after the general recall signal is lowered. This changes rule 29.2 and Race Signals.

10.3. Marathon Race

- The Marathon race will either be a *Le Mans* start or an on water start.
- **Le Mans**
 - Start by a sound signal preceded by a verbal 30 second warning. This changes rule 26.
- **On water start**
 - the starting line will be between a flagstaff on the race committee boat and the centre of a mark to be described at the marathon briefing. The start sequence will be as for course races, described in clause 11.1 of these sailing instructions.

11. CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing mark) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 11.2. Except at a gate, boards shall pass between the race committee boat signaling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1.

12. PROPULSION

- 12.1. Rule 42 shall apply only when competitors are sailing to windward or on a close-hauled course from 30 seconds after the starting signal (changes rules 42). One long sound signal may be made to indicate 30 seconds after the starting signal.
- 12.2. Pumping shall be unrestricted for the slalom and marathon events.

- 12.3. A member of the race committee or a designated observer who sees a competitor infringing SI 13.1 may disqualify that competitor without a hearing.

13. PENALTIES

Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

13A TOUCHING A MARK

Rule 31 is changed to allow boards to touch a mark while racing, before starting, a mark that begins, bounds or ends the leg of the course on which she is sailing, or a finishing mark after finishing.

14. TIME LIMIT COURSE RACING

- 14.1. The target time for the first board to complete the full course will be 25 minutes.
- 14.2. The time limit for the first board to complete the full course will be 40 minutes. If no board has finished within 40 minutes of the start of that race, the race will be abandoned.
- 14.3. Boards failing to finish within 20 minutes after the first board in their start group finishes the full course will be scored Did Not Finish without a hearing. This changes rules 35, A4, and A5.

15. PROTESTS AND REQUESTS FOR REDRESS

15.1. Course Races and Marathon

- Competitors intending to protest shall inform the finish boat as soon as practicable after finishing.
- Protest forms will be available from the Mounts Bay Sailing Club on the official notice board or from the shore race officer. Protests and requests for redress or reopening shall be delivered to the shore race officer within the appropriate time limit.
- The protest time limit is 60 minutes after the last board has finished the last race of the day.
- Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the race office beginning at the time posted.
- Notices of protests by the race committee will be posted to inform competitors under Rule 61.1(b).
- Breaches of instructions 17, 19 and 23 will not be grounds for protest by a board. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the Protest Committee so decides. The scoring abbreviation for a discretionary penalty imposed under this Instruction will be 'DPI'.
- On the last scheduled day of racing a request for reopening a hearing shall be delivered;
 - within the protest time limit if the requesting party was informed of the decision on the previous day;
 - no later than 30 minutes after the requesting party was informed of the decision on that day. This changes Rule 66.

15.2. Slalom Races

- Written protests are not required.
- Competitors shall hail their intention to protest at the time of the incident.
- A competitor intending to protest shall verbally inform the start boat upon finishing or retiring from the race of their intention, giving the sail number(s) of the protested competitor(s) and witnesses involved.
- All parties to the protest shall immediately report to the slalom launching area.
- The protest hearing shall be held as soon as possible.
- At the protest hearing, each party to the protest shall have the opportunity to make two short statements, with the protester taking the first and third opportunities to speak.

- 15.3. On the last scheduled day of competition a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes Rule 62.2 and Rule 66.

16. SCORING

- 16.1. Course Racing and Marathon: the Low Point System will apply for course racing and the marathon event. Each board will be awarded points for each race and for the Marathon based on her finishing place within her division. Divisions are defined in the notice of race.
- 16.2. Three course races are required to be completed to constitute a series.
- 16.3. When fewer than 5 course races have been completed, a board's series course racing score will be the total of her race scores.
- 16.4. When from 5 to 8 course races have been completed, a board's series course racing score will be the total of her race scores excluding her worst score ("one drop").
- 16.5. When 9 to 10 races have been completed, a board's series course racing score will be the total of her race scores excluding her two worst scores ("two drops"). This changes Appendix B A2 (a) and (b).
- 16.6. Slalom scoring: Every board is allocated a finishing rank according to her finishing position on the elimination table. Equal ranks may be allocated to boards that did not progress to the final. Each board is awarded a slalom score according to the Low Point System based on her ranking within her division. Separate double elimination series may be run for men and women, or both genders may compete together at the discretion of the race committee. Boards who do not participate in the slalom event are awarded a slalom score of $(n+1)$, where n = the number of boards in her division.
- 16.7. Freestyle: the Low Point System will apply for freestyle, with the first placed competitor in each gender being awarded a freestyle score of 1 and each place thereafter receiving one additional point. A description of the method of obtaining places for freestyle competition can be found in Attachment 2. Competitors who do not participate in the freestyle event are awarded a freestyle score of $(n+1)$, where n = the number of competitors of their gender who have registered for the National Championships.
- 16.8. Pentathlon: A board's pentathlon score shall be the total of the following:
 - Course place: (course racing place within her division based on her course racing series score)
 - Course average (course race score divided by the number of races less the number of drops)
 - Slalom score
 - Marathon score

17. SAFETY REGULATIONS

- 17.1. For each Course race or Course race session and for the Marathon each board intending to race shall personally sign-on in the designated area of Mounts Bay Sailing Club prior to the warning signal of the race or race session, and shall personally sign-off as soon as practicable upon returning to shore, but no later than the end of protest time for that day.

Failure to comply with this Instruction will result in a board being penalised with a scoring penalty of 5 places in her division in the race or the first race of that race session by the Race Committee. This changes Rule 63.1 and A4.1.
- 17.2. All competitors shall wear whilst competing, personal flotation devices which are in good condition and in accordance with the specifications issued or approved by Australian Sailing. Attention is drawn to Fundamental Rule 1.2. This instruction does not apply to the Freestyle event.
- 17.3. A competitor that retires from a race shall notify the Race Committee before leaving the racing area, or if that is not possible, shall notify the race office as soon as possible after returning ashore and before the end of the protest time limit.

18. EQUIPMENT AND MEASUREMENT CHECKS

- 18.1. A board or equipment may be inspected at any time for compliance with the class rules and Sailing Instructions. On the water, a board can be instructed by a Race Committee equipment inspector or measurer to proceed immediately to a designated area for inspection.
- 18.2. Substitution of equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made to the Committee at the first reasonable opportunity. This instruction does not apply to the Freestyle event.

- 18.3. Competitors shall not wear or carry clothing or equipment for the purpose of increasing their weight. However, a competitor may wear a drinking container that shall have a capacity of at least one litre and weigh no more than 1.5 kilograms when full.

19. SUPPORT BOATS

- 19.1. Team leaders, coaches and other support personnel shall stay outside areas where boards are racing from the time of the preparatory signal for the first division/s to start until all boards have finished or retired or the Race Committee signals a postponement, general recall or abandonment.
- 19.2. During any start sequence support boats shall stay at least 50 metres below the starting line and its extensions.

20. BASIC PRINCIPLES

- 20.1. Environmental Responsibility - participants are encouraged to minimize any adverse environmental impact for the event.
- 20.2. Sailors shall not put rubbish in the water. Rubbish may be placed aboard support and race committee boats.

21. BOARD STORAGE

- 21.1. Boards may be stored at Mounts Bay Sailing Club, from Wednesday evening until Monday morning.
- 21.2. To promote efficient use of this facility, competitors are encouraged to label equipment.

22. ELECTRONIC COMMUNICATION

- 22.1. Radio: except in an emergency, a board shall neither make radio transmissions while racing nor receive radio communications not available to all boards. This restriction also applies to mobile phones.
- 22.2. Tracking equipment: during the marathon only, competitors may carry a mobile phone or GPS device. This allows for a competitor to use a GPS-based application, or similar, in order for a remotely located guest to follow their on-water progress.

23. RACE RESULTS

Race results will be posted on the official notice board when available. Results may also be published online.

24. PRIZES

- 24.1. Prizes will be awarded at the discretion of the Organising Authority.
- 24.2. Prizes for pentathlon will be awarded to the competitor with the lowest pentathlon score of each gender.

25. DISCLAIMER OF LIABILITY

- 25.1. Competitors who participate in competition at Mounts Bay Sailing Club do so entirely at their own risk and responsibility. Attention is drawn to Fundamental Rule 4 Decision to Race, which states "The responsibility for a board's decision to participate in a race or to continue racing is hers alone".
- 25.2. Mounts Bay Sailing Club, Windsurfing WA, Australian Sailing and the Windsurfer Class Association of Australia, its officers, officials, members, servants, volunteers and agents accept no liability with respect of loss of life, personal injury or loss or damage to property which may be sustained by reason of competitors' participation or intended participation in the event or howsoever arising in connection with the event.
- 25.3. ENTRY DISCLAIMER

It is the competitor's sole decision to enter this event and to start and or to continue to compete. By way of entering, competitors acknowledge and agree that participation in this event can be dangerous and accept that their participation is at their exclusive risk in every respect. In addition, by way of entering competitors shall hold harmless the organising authority, its officers, members, servants and agents and all other competitors in respect of all liability for injury to their person and or loss or damage to their property howsoever arising from their participation or intended participation in this

event and acknowledge and accept that the organizing authority, its officers, members, servants, agents and other competitors accept no responsibility in respect to loss of life, personal injury or loss or damage to property which may be sustained by reason of a competitor's participation or intended participation in this event or arising for whatever reason in connection with this event.

25.4. All competitors will be required to sign an entry form at registration that includes an entry disclaimer.

By way of entering, competitors also agree to compete in a spirit of good sportsmanship, which promotes safe, fair and inclusive sport.

26. INSURANCE

26.1. Every competitor shall be a member of the Windsurfer Class Association of Australia.

26.2. Every competitor shall have valid public liability insurance through an approved Australian Windsurfing Association (AWA) affiliated member organisation.

26.3. Every competitor who enters the Championship is deemed to have confirmed that they have such insurance. Competitors found not to have such insurance shall have their entry revoked.

Refs.

<http://www.windsurfing.org/insurance.htm> <http://www.windsurferclassaus.com/>

ATTACHMENT 1 – COURSE DIAGRAMS

COURSE RACING DIAGRAM

This diagram is indicative only, and shows the relative positions of the marks of the course, but the distances between them are not necessarily to scale. Course 3 is shown for illustrative purposes only. All rounding's are to port.

Course SC1 – (International Numeral Pennant One)

Start – 1 – 1a – 3s – 3p – 1 – 1a - Finish

Course SC2 – (International Numeral Pennant Two)

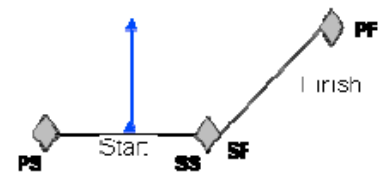
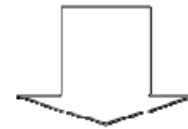
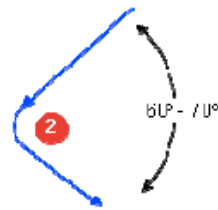
Start – 1 – 1a – 3s – 3p – 1 – 1a - 3s – 3p – 1 – 1a - Finish

Course TR3 – (International Numeral Pennant Three)

Start – 1 – 1a – 3s – 3p – 1 – 1a - 2 - Finish

Course TR4 – (International Numeral Pennant Two)

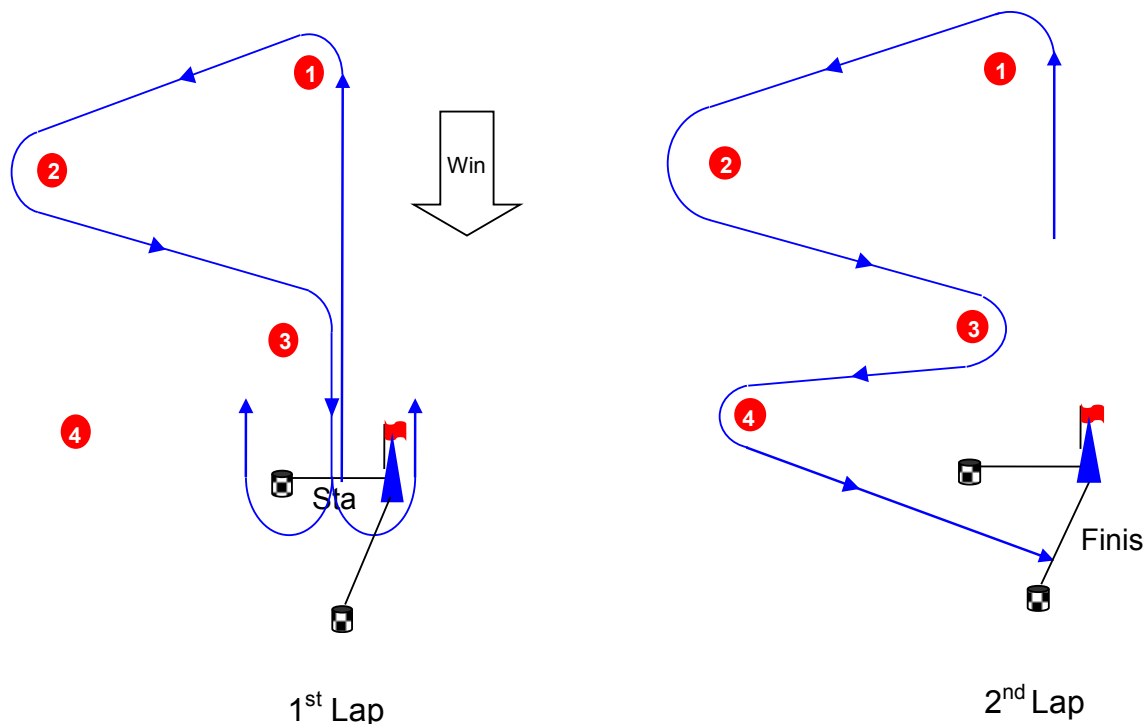
Start – 1 – 1a – 3s – 3p – 1 – 1a - 3s – 3p – 1 – 1a - 2 - Finish



Marks 1, 2 and 3 will be orange pimple marks.
Pin end marks will be a buoy displaying an orange flag.

SLALOM COURSE DIAGRAM

Start – 1 – 2 – 3 – Start (Gate) – 1 – 2 – 3 – 4 – Finish



ATTACHMENT 2 – FREESTYLE SCORING

Freestyle placings are determined using the following method:

For the WA States this event might be a fun expression session and will be determined on the day.

The below process followed by the National body is a guideline.

Three judges observe each competitor's routine and award points according to the guidelines on the freestyle scoring sheet. Blank scoring sheets will be available for competitors' information prior to the freestyle event.

Each competitor receives a numerical point score from each judge. For each judge, every competitor's numerical point score is converted into a ranking, with the highest scoring competitor receiving a ranking of 1 from each judge. The three rankings from the three judges are added together to create a combined rank for each competitor. The competitor with the lowest combined rank in each gender is awarded 1st place, with the next lowest combined rank receiving 2nd place and so on.